

Fundraising ideas for every month

January

- Dry January give up alcoholic drinks for a month and ask friends and family to sponsor you.
- Burns Night celebrate Scotland's national poet by hosting an event filled with tartan, haggis, and bagpipe music!
- New Year resolution giving something up, or trying to get healthy? Ask friends and family for support by helping you fundraise at the same time.

February

- Valentine's Day hold a Valentine's Day party or make donation on behalf of your loved one instead of buying a gift.
- Pancake Day who doesn't love pancakes?! Get your friends over and have a flipping good time!
- Student Volunteering Week offer up your time and help us to raise funds! You could hold a bucket collection or organise your own event. Email fundraising@ovarian.org.uk for more information.

March

- Walk In Her Name hold a walk in the name of a loved one affected by ovarian cancer. Email fundraising@ovarian.org.uk for more information.
- Box2Beat Cancer are you a boxercise instructor? Organise a 3 hour boxercise class and ask participants to make a donation or fundraise to take part. Email <u>fundraising@ovarian.org.uk</u> for more information.
- Ovarian Cancer Awareness Month help to spread awareness of the disease whilst fundraising in March.

April

- UK Coffee Week and National Tea Day the perfect time to hold a coffee morning or afternoon tea party!
- Easter Egg Hunt get the kids involved! Ask guests to make a donation to take part, and see if a local business might donate some Easter eggs too.
- Grand National Sweepstake why not do this in the office or with friends?

May

- Teal Takeover 8th March is World Ovarian Cancer Day. Show your support by wearing teal and holding a teal themed event, such as a bake sale.
- Bank Holiday Weekend the perfect time to hold a fundraising event and you have two
 opportunities in May!
- National Vegetarian Week challenge yourself to eat vegetarian for a week! Ask friends and family to sponsor you, and update them on your progress.

June

- International Picnic Day a lovely way to celebrate the beginning of summer whilst raising funds! Invite friends to a picnic in your garden or local park and ask everyone to make a donation.
- Champions League final enjoy an evening in with friends and donate what you would have spent watching the game out!
- Rounders Tournament take advantage of the nice weather and organise a rounders tournament with friends and family. Why not ask for a donation to take part, or every time a participant is caught out?

July

- Wimbledon strawberries and cream anyone? Get your friends over to watch the tennis and ask everyone to make a small donation.
- Sports day just like at school! You can play anything from a netball match to running an egg and spoon race, just make sure you have fun!
- Tour de France sweepstake get you colleagues involved and get into the competitive spirit!

August

- Garden Party when the weather is nice, a garden party is the perfect event to hold! Ask guests for a donation to attend, or leave a collection box out.
- Great British Bake Off get competitive and hold a Great British Bake Off with friends. And you get to eat the cakes afterwards!
- Swimathon challenge yourself and see how far you can swim. You could even team up with friends, family, or colleagues, and do a relay!

September

- National Cupcake Week do we need to say more? The perfect time to hold a tea party!
- National Fitness Day balance National Cupcake Week with a Fitness Day! Why not create an obstacle course and see who can finish first!

• Harvest Festival – a lovely way to celebrate the time of year whilst raising funds. A harvest festival dinner is a great way to bring everyone together too.

October

- Halloween party hold a Halloween party complete with gruesome games and frightful food!
- Movie Marathon when it's cold outside, there's nothing better than getting cosy and watching a film. Ask your friends over to watch your favourite films. Why not donate what you would have spent at the cinema?
- Pumpkin carving contest you can do this with work colleagues, family or friends. The best pumpkin wins, and everyone else has to make a donation!

November

- #GivingTuesday after Black Friday, and Cyber Monday, #GivingTuesday is a brilliant time to raise some money and give back!
- Guy Fawkes Night get your sparklers out and hold a fireworks party! Invite everyone over and ask for a small donation.
- World Vegan Day/Month go vegan for a day, or a month if you want to really challenge yourself! Ask friends and family to sponsor you, and let them know how you are getting on.

December

- Christmas party get into the festive spirit with a Christmas party! Don't forget to leave a collection box out, and ask your guests to give generously.
- Bucket collection hold your own bucket collection or join one of ours at a London Station! Email fundraising@ovarian.org.uk to find out more
- Christmas carol concert are you part of a choir? Why not sing some carols and ask for donations in return?