(Insert date)

Dear (insert doctor’s name)

My maternal/paternal (select one) mother/father/grandmother/grandfather/uncle/aunt (select one) is a BRCA1/2 gene mutation carrier and there is a strong possibility that this gene mutation will have been passed on to me. According to *SIGN Guideline* *3.2.2:*

“BRCA1 and BRCA2 mutation analysis should be considered in a family where there is a 10% or greater risk of mutations present”

I am therefore I may be eligible for genetic testing to find out whether or not I am a carrier.

I’m aware that having a BRCA1/2 gene mutation can raise risk of breast and ovarian cancer, and that it can impact on the treatment pathway of these diseases. I would like the opportunity to explore the preventative measures available to me in the event that I am a carrier of a BRCA1/2 gene mutation.

I would also like to find out my BRCA status so I can advise members of my family, who may also be affected.

According to *Scottish Executive: cancer genetics services in Scotland guidance*, I should be offered genetic counselling prior to being tested by a clinical genetics physician.

I would, therefore, be grateful if you could refer me to a genetics counsellor as the next stage in the testing process.

Yours sincerely,

(Insert name)

**For more information, and a tailored CPD programme for general practitioners on ovarian cancer, please visit Ovarian Cancer Action’s website** [**www.ovarian.org.uk/gps**](http://www.ovarian.org.uk/gps)